



# Miriam Parker MD, FACP

## Application & Interview Career Coach

Certified Interview Coach and prior residency program director with passion for helping IMGs achieve their professional goals through personalized review of ERAS application materials including resume and personal statement and the performance of mock-interviews with detailed feedback. Excellent eye for detail enabling quick identification of areas for improvement and suggesting strategies to help clients reach goals. Skilled interviewer with exceptional patience and more than two decades of experience.

## Contact

### Email

imgspecialists@gmail.com

### LinkedIn:

[www.linkedin.com/in/miriam-parker-md-facp-391a2255/](http://www.linkedin.com/in/miriam-parker-md-facp-391a2255/)

### Website:

[www.imgspecialists.com](http://www.imgspecialists.com)

### YouTube Channel:

[My YouTube Channel - My Application Coach](#)

## Education

1992

### Doctor of Medicine - MD

Temple University School of Medicine

1985

### Bachelor of Arts - Sociology

Barnard College / Columbia Univeristy

## Skills - Strengths

- Interpersonal Communication
- Editing and Review
- Unique Content Creation / Writing
- Mock Interviews
- Coaching and Mentoring
- Mindset Management

## Experience

### 10/2023 to present

IMG Specialists LLC

#### Business Owner

- IMG Specialists LLC is a boutique, residency application review service that provides exceptional support to International Medical Graduates (IMGs) seeking residency and fellowship training positions. I provide a complete set of services including resume and personal statement review, ERAS application support, mock interviews as well as mentorship to those aspiring to enter medicine in the United States. Practice. Polish. Shine. is our motto.
- Goal is to deliver exceptional service to every applicant and have earned perfect 5.0 star rating from Fera on-line reviews.

### 1/2021 to present

LifeShift Coaching LLC

#### Business Owner

- Provide individualized coaching to help clients optimize personal choices and create powerful personal change. Collaborate with clients to build resilience to decrease burnout and improve overall well-being. Confidently employ motivational interviewing and appreciative inquiry to increase self-efficacy and mobilize positive behavioral change. Facilitate client understanding and deconstruction of limiting beliefs and negative thought patterns; exploration of growth mindset.

### 1/2000 to 9/2023

Wellstar Health System - Atlanta, GA

#### Program Director, Internal Medicine

- Trained and supervised internal medicine residents from all over the world and medical students from UME and non-US programs.
- Provided ongoing direction and leadership for program operations.
- Coached residents in setting & achieving educational and career goals.
- Facilitated development of self-confidence and increased resilience in trainees during residency training.

### 1/2013 to 9/2022

Wellstar Health System - Atlanta, GA

#### Designated Institutional Official

- Responsible for maintenance of institutional accreditation for four residency training programs with total of 85 residents and >20 F/T faculty.

## Certifications

- Certified Interview Coach (CIC) - Professional Association of Resume Writers and Career Coaches (PARWCC) - 2024
- National Board of Health & Wellness Coach (NBHWC) - 2023
- Board Certified Coach (BCC), Center for Credentialing & Education - 2022
- Certified Health & Well-Being Coach, College of Executive Coaching - 2022
- Certified Executive Coach - Center for Executive Coaching - 2021
- Executive Certification in Leadership Excellence, Kennesaw University; Coles College of Business - January 2020
- GME Leadership Development Program, AAMC - Washington DC - 2018

